T<mark>he 11<sup>th</sup> Seoul Symposium on Bone Health</mark> & the 35<sup>th</sup> Spring Scientific Congress of the Korean Society for Bone and Mineral Researc

## **Changsun Kim**

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## Educational Background & Professional Experience

2001	Ph.D., Waseda University, Japan. Graduate School of Human
	Sciences
1996	M.S., Nippon Sport Science University, Japan. Health and Sport Science of the
	Graduate
1992	B.A., Dankook University, Korea. Physical Education
Present	Professor, Department of Physical Education, Dongduk Women's University, KOREA
Present	Member of board of directors, Korean Society of Bone Mineral Research, KOREA
-2022	Vice-chairman, The Korean Society of Exercise Physiology
-2022	Editor-in-Chief, Exercise Science (Scopus)

## Research Interests

Research focussing is the physiological factors in bone, muscle and fat changed by exercise.

## Publications

- 1. The Comparison of Physical Fitness Factors between Korea Water Polo National-team and Reserve-team Athletes. Exerc Sci. 2023;32(1):63-72. doi: 10.15857/ksep.2023.32.1.63.
- Moderate-Intensity Exercise Preserves Bone Mineral Density and Improves Femoral Trabecular Bone Microarchitecture in Middle-Aged Mice. J Bone Metab. 2022. 29(2):103-111. doi: 10.11005/ jbm.2022.29.2.103.
- 3. Continued Mat Pilates Exercise Improve Basal Physical Fitness, Core Stability and Back Pain in Healthy College Female. 2022. Exerc Sci. 31)3. 345–356. dol: 10.15857/ksep.2022.00255.
- 4. Effects of 4-week Training Using Laboratory Index on Competition Record of EliteFemale Middledistance Runner: A Case Report. 2022. Exerc Sci. 31)3. 304-311. doi: 10.15857/ksep.2022.00227.
- 5. Microarchitecture Improvement Is Associated With Skeletal Nerve Increase Following Aerobic Exercise Training in Middle-Aged Mice. Front. Physiol. 2021. 12:800301. doi: 10.3389/fphys.2021.800301.



**Curriculum Vitae**